

PARTICIPANT RESOURCE GUIDE

Choose Your Own Adventure You're The Star of Your Career Journey

University of Maryland

PM Symposium

May 7-8, 2020

What is the best career move for me? That can be a challenging question for some of us as we get caught up in being everything to everyone, taking on assignments that are not fulfilling and/or require a significant amount of our time, keeping us away from the people and things that matter the most. This interactive presentation gets real **about assessing your values, steering clear from the comparison trap**, and putting you in the driver's seat when it comes to your career path. After all, YOU are the star of your career journey. At the end of the presentation, participants will:

1. Recognize the perils of social comparison
2. Examine personal and professional goals
3. Identify opportunities to learn and grow from experiences
4. Build your network of Team You

Questions? Go to **Slido.com, #CYOAUMD** (not case sensitive)



Mosaic Resource Group, LLC
Training ■ Development ■ Advisory



CHOOSE YOUR OWN ADVENTURE: HOW?

If you've ever read a Choose Your Own Adventure book (or similar), what aspect of the book did you find exciting? You deciding what happens next? Going back to choose a different path?

OUR AGENDA

S -

E -

L -

F -

STOP COMPARING

What are some positive aspects about social comparison?



STOP COMPARING TO SOCIAL MEDIA!

While social media helps us to stay connected and celebrate the wins of our family, friends, and acquaintances, there are times when the posts of their “best life” can make us nuts.

Take a moment to list the top three social media platforms you use or would consider using and provide the pros and cons:

Social media platform	The good	The ugly

STOP COMPARING: THE GREEN-EYED MONSTER!

You CAN channel those envious feelings into productive ends if you think objectively about the source of your envy....c'mon, you might discover ways to achieve those same accomplishments.



MY COMPETITION...IS ME

An honest assessment of yourself gives you a framework for improvement and development.

What's one career skill you can improve in the next month?

What's one personal achievement you can reach this month?

EXAMINE YOURSELF: YOU, INC.

1. Things you excel at:

2. What have you been told that you do extremely well?

3. What type of work would make you sit in traffic for hours just for the privilege of showing up?

4. What is your definition of success? What does success look like to you?



EXAMINE YOURSELF: WHAT LIGHTS MY FIRE?

1.

2.

3.

LESSONS LEARNED: KEEP LEARNING

Effective learning and skill development should follow the 70-20-10 rule:

- **70 percent through experiences and on-the-job application, i.e.:**

Lead or participate in project teams ♦ *Participate in strategy meetings*

Participate in association meetings ♦ *Community of Practice*

Participate in industry-specific events ♦ *Book Club* ♦ *Lunch & Learn*

Circle two (2) on-the-job development opportunities above you would be willing to explore.

- **20 percent through conversations with a mentor and colleagues**

List one (1) potential mentor and one (1) colleague you will seek for career conversations

Potential Mentor:

Potential Colleague:

- **10 percent through classroom teaching**

What classes would be valuable in your skill development?



FIND YOUR TRIBE

Where (what events) do I find my tribe?

1. _____
2. _____
3. _____
4. _____
5. _____

FIND YOUR TRIBE: ACCOUNTABILITY PARTNER

1. Find someone you _____.
2. Talk about your _____.
3. Get _____ about your actions to meet your goals.
4. Set up _____ check-in times.
5. _____ goals and strategies to stay on track.

FIND YOUR TIME: TIME IS NOT MONEY – TIME IS TIME



YOU CAN GET MORE MONEY

YOU CAN'T GET MORE TIME





CHOOSE YOUR OWN ADVENTURE: YOU GOT THIS!

My summary notes about Choosing MY Own Adventure:

1. **Stop comparing:**

2. **Examine yourself:**

3. **Lessons learned (from others & from development programs):**

4. **Find your tribe:**

My ah-ha moments:



This has been fun!



Mosaic Resource Group, LLC
Training • Development • Advisory

Crystal J. Richards, PMP®, PMI-ACP®



Serving the Greater Baltimore and Washington, DC areas, virtual services available



Contact Numbers:
240-203-9177 (C) 240-203-9176 (O)



Email Address:
crystal@MosaicRG.com



/in/crystalMosaicRG



@crystalMosaicRG



@crystalMosaicRG



www.MosaicRG.com